

Online programme Lotus Festival Days 2023 (time zone CET)

This year's Lotus Festival will take place from 15 - 26.12.2023 at the YiXue Education Centre in Nossen and comprises a total of 11 days, divided into 3 parts. The yellow shaded area from 19 - 23 concerns the core time of the Lotus Festival for online participation with seminar fee. On the following pages we have put together the online programme and the most important information for preparation and participation in the Lotus Festival. **All times are Central European time (CET) (The programme is subject to change)**

18 December - Online lecture on a donation basis

Please register for this lecture using the following link: https://yixue.de/en/events/20231218_onlinelecture

Monday 18 December Donation basis	10:00 - 12:00 a.m. ONLINE Lecture by Sifu Wei Ling Yi: Topic: 'Lotus Sheng' - The task & meaning of lotus discipleship	-	-
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19 - 23 December - core time of the Lotus Festival week with seminar fee

Log in via your Lotus Festival access link, which you received via portal@yixue.de

Tuesday 19.12.2023 Start of the core time of the Lotus Festival week		4:00 p.m. ONLINE Welcome & organisational meeting Lotus Festival	8:00 - 10:00 ONLINE Teaching by Grandmaster Wei Ling Yi Topic: The Lotus Festival
Wednesday 20.12.2023	10:00 - approx. 12:00 a.m. ONLINE Teaching by Grandmaster Wei Ling Yi Topic: The Lotus Mother	4:30 p.m. ONLINE YiXue practice	8:00 - 10:00 ONLINE Teaching from Grandmaster Wei Ling Yi Topic: Watching the lotus

<p>Thursday 21.12.2023</p>	<p>10:00 - 12:00 a.m. ONLINE Teaching from Grandmaster Wei Ling Yi Topic: The Lotus Throne</p>	<p>4:30 p.m. ONLINE YiXue practice</p>	<p>8:00 - 10:00 ONLINE Teaching from Grandmaster Wei Ling Yi Topic: Sitting on the Lotus Throne</p>
<p>Friday 22.12.2023 Lotus night</p>	<p>10:00 - 12:00 a.m. ONLINE Teaching from Grandmaster Wei Ling Yi Topic: Lotus boat</p>		<p>10:30 - 11:30 ONLINE Lotus Night - Receiving the Lotus - Online meditation with video accompaniment</p>
<p>Saturday 23.12.2023</p>	<p>10:00 - 12:00 a.m. ONLINE Lotus Assembly / Closing of the core time of the Lotus Festival</p>		

25 & 26 December - YiXue annual review - ONLINE participation is still in planning

Further information on this event and the opportunity to register online will follow shortly: <https://yixue.de/en/event/>

<p>Still in planning Monday & Tuesday 25. & 26.12.2023 Donation basis</p>	<p>Each day 10:00 -12:00 ONLINE Annual summary 2023 Further information & registration via our website: https://yixue.de/en/event/</p>		
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Dear online participants of the Lotusfest 2023,

We are very pleased that you are participating ONLINE in this year's Lotus Festival.

The Lotus Festival is the highest festival for all cultivators and for all those who walk the Lotus Way with Lotus Grandmaster Wei Ling Yi. This year it has another very important meaning. Wei Ling Yi wants to prepare all lotus friends well for the year 2024, which harbours great opportunities for the whole of humanity. He wants to support us all well and also help us to clear out old, sick, negative and absorbed information from the pandemic years.

On Tuesday 19 December at 16:00, we cordially invite you to join us for the welcome & organisational meeting at the YiXue Education Centre ONLINE.

For those who are unable to attend, we have summarised the most important information for preparation and participation below. If you have any further questions, you are welcome to get in touch with the contact persons in your region (see page 4 for contacts).

Logging in & contact for technical questions

- Before logging in, please have the access link you received via the registration portal portal@yixue.de ready.
- Please always log in 10 minutes before the start of the online lectures.
- **If you have any technical questions or problems, please contact us at the following address:**
Email: anmeldung@yixue.de, Tel: +49(0)35242.4888-138, Mobile: +49(0)176.81293518 or at: online@yixue.de

Information on preparation and participation in the Lotus Festival days

Online participation in the Lotus Festival goes beyond the teachings with Sifu Wei Ling Yi. We recommend that you organise quiet, contemplative time and space for yourself throughout the Lotus Festival week whenever possible. The time you spend before and after the online teachings is also of great importance so that the guidance and information can integrate and unfold deeply in your heart.

For your decoration at home

If you wish, you can prepare a small altar at home with a red candle, incense sticks, sweets, fruit and flowers.

Clothing during the Lotus Festival

We are invited to wear clean white or light-coloured clothing during the online lectures and the Lotus Night and, if we have one, a red cloak to protect us from the cold, especially during the mediation 'Sitting on the Lotus'.

Notes for new participants

The sitting and receiving posture during the online teachings

We sit relaxed on the front third of our chair or on our cushion. In our imagination, we take a seat on our lotus, which we visualise beneath us. Firstly, we form our hands into a lotus bud in front of our heart until our hands open and rest loosely on our thighs. The palms face upwards. At the end of the lecture, we collect Qi, light and sound and all the phenomena we have received in the lower energy store (lower Dan Tian) three to four fingers wide below the navel. We reinforce the collection with the final mantra: shou gong ling, ling dao gong bi shou.

What is special about Grandmaster Wei Ling Yi's YiXue teaching method?

Grandmaster Wei Ling Yi's YiXue teaching contains a special component. In addition to words, his lectures contain an invisible Yin level of teaching and learning with the heart. This form of teaching is referred to in the YiXue tradition as "TEACHING WITHOUT WORDS". It is a silent communication from heart to heart and from soul to soul, which takes place intuitively via the spiritual connection between master and student.

During his online lectures, Wei Ling Yi uses this method to transmit cosmic information to the participants across the distance to increase their life energy Qi and develop their consciousness. Healing energies and information can be received, our dynamic life force increased and our spiritual power of the heart strengthened. The online lectures can thus be experienced as valuable support for us. We can feel well, strengthened and nourished, and complaints and problems can be resolved.

For our preparation, this means that during an online lecture by Grand Master Wei Ling Yi, we can not only listen with our eyes open in order to cognitively understand and learn. We can also close our eyes to immerse ourselves in silence and in a natural meditative state, the so-called pre-natal state. This detached state and inward contemplation makes it easier to surrender to wordless teaching, to open up and receive.

Preparation for the Lotus Night on 22 December, 10:30 p.m. (Central European Time)

The Lotus Night with Lotus Grandmaster Wei Ling Yi will not be broadcast LIVE from the Pu Lian Tang. We will come together ONLINE to receive our own lotus during the joint meditation 'Sitting on the Lotus'.

We ask you to shower before the lotus night and to wear clean, light-coloured or white clothes. DiZis (initiated lotus students) please wear your DiZi shawl. We sit on a cushion or on a chair (on the first front third). The body is upright and relaxed. The head is straight and the chin is slightly tilted to open the crown of the head - the Bai Hui - so that we are in direct connection with the Yi Qi, the Qi of origin, and the cosmic lotus. In this way, we are upright between heaven and earth.

We bring our hands together to form a lotus bud in front of our heart and go into stillness. We imagine a lotus opening beneath us and golden lights radiating from the pistil. The breath flows calmly and gently. The heart is peaceful and calm. The closed hands (lotus bud) gradually open to form a lotus blossom - an open lotus. We look into the light of the lotus and place our hands on our thighs with the palms facing upwards as we feel comfortable. We receive our own lotus, our own highest light.

When the meditation is finished, we collect our lotus, qi, light, sounds, colours, fragrances and all the positive phenomena we have experienced three times in the lower Dan Tian, three finger widths below the navel. At the end, we place our hands on top of each other on the lower Dan Tian, women with the right hand at the bottom, men with the left hand, to concentrate and store the energy. We recite the mantra: "Shou Gong Ling, Ling Dao, Gong Bi Shou!"

On the following 11 days, it is possible to receive the lotus between 11:00 p.m. and 1:00 a.m.

If you have any questions during the Lotus Festival week, please get in touch with the contact person in your country:

USA, Canada, Singapore, Malta, New Zealand: Joyce Mok, Tel: +49 176 21847490 E-mail: xuelian@yixue.de

Sweden: Birgitt Kristen, Tel: +49 176 22391916 E-mail: b.kristen@yixue.de

Brazil: Claudia Stöhr, Tel: +49(0)176 41630953 E-mail: c.stoehr@homath.de

*YiXue wishes you and your families
a blessed Lotus Festival - a festival of family, of love,
of sharing, of giving and receiving.*